



REGULAR BOX

Balanced nutrition and variety with enough food to feed a family of four for a week.

- 1.5 lb. Sirloin Strip Steaks (4 x 6 oz.)
- 2 lb. Tray Pack Chicken Breast
- 1 lb. Boneless Pork Chops
- 2 lb. Breaded Chicken Nuggets
- 28 oz. Salisbury Steak Entree
- 12 oz. Sliced Bacon
- 1 lb. All-Meat Hot Dog
- 1 lb. Stir Fry (Broccoli, Red Peppers & Onions)
- 1 lb. Carrots
- 10 oz. Peanut Butter
- 32 oz. 2% Shelf Stable Milk
- 35 oz. Crinkle-Cut Fries
- 7.25 oz. Mac 'n Cheese
- 1 lb. Rice
- 1 lb. Bean Soup Mix
- Dozen Eggs
- Dessert

\$30.00

FEBRUARY 2009 M E N U

For More Info: www.mountainviewnazarene.org
 Brought to you by: Mountain View Church of the Nazarene, Wyoming PA

IF YOU EAT, YOU QUALIFY

SENIOR/CONVENIENCE BOX

For Seniors or People on the Go!

Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

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| Beef Chili Macaroni Casserole with Diced Carrots and Green Beans | Beef Meatballs & Shell Pasta with Creamy Alfredo Sauce, Green Bean Casserole and Squash Medley |
| Ham & White Beans with Diced Sweet Potatoes and Winter Blend Vegetables | Pot Roast and Gravy with Vegetables, Diced Potatoes and Green Peas |
| Creamy Chicken Fettuccine Alfredo with Corn and Capri Blend Vegetables | Creamy Macaroni & Cheese with Diced Carrots and Green Peas |
| Sweet & Sour Pork with Rice, Peas and Carrots, and Squash Medley | Grilled Chicken Breast over Rice & Gravy with Diced Carrots and Green Peas |
| Flame Broiled BBQ Chicken Breast with Diced Sweet Potatoes and Broccoli | 10 2-pack, individually-wrapped cookies |
| Seasoned Beef Chili with Beans, Broccoli and Applesauce | |

\$28.00

One or More Specials Available Only with the Purchase of Either of the Boxes Above

FEBRUARY SPECIAL #1

- 6 lb. Assorted Meat Box** **\$22.00**
- 1.5 lb. Bone-In Ribeye Steak (2 x 12 oz.)
 - 1.5 lb. Bacon-Wrapped Lean Ground Beef Patties (4 x 6 oz.)
 - 2 lb. Thick-Cut Pork Chops (4 x 8 oz.)
 - 1 lb. Mild Italian Sausage with Mozzarella Cheese

FEBRUARY SPECIAL #2

- 4 lb. Steak Combo** **\$21.00**
- 2.5 lb. T-Bone Steaks (4 x 10 oz.)
 - 1.5 lb. New York Strip Steaks (2 x 12 oz.)

FEBRUARY SPECIAL #3

- Super Value Fajita Kit (5+ lbs.)** **\$21.00**
- 2 lb. Steak Fajita Strip Packs (2 x 1 lb.)
 - 2 lb. Chicken Breast Fajita Strip Packs (2 x 1 lb.)
 - 1 lb. Onions & Bell Peppers
 - 20 ct. 8" Flour Tortillas

FEBRUARY SPECIAL #4

- Frozen Side & Fixin's Box** **\$16.00**
- Compliments our Great Steak and Chicken Boxes*
- 2 lb. Heat & Serve Corn
 - 2 lb. Heat & Serve Green Beans
 - 2 lb. Heat & Serve Mashed Potatoes
 - 1 Brown Gravy Mix
 - 8 ct. Dinner Roll
 - 1 Pie

FEBRUARY SPECIAL #5

- Fresh Fruit and Veggie Box** **\$21.00**
- 3 lb. No. 1 Premium Idaho Baking Potatoes
 - 3 lb. No. 1 Premium North Carolina Sweet Potatoes
 - 2 lb. No. 1 Premium New Crop Western Grown Yellow Onions
 - 9 oz. California Premium Raisins
 - 1 lb. Premium California Grown Carrots
 - 1 head Premium Fresh Green Cabbage
 - 3 lb. New Crop Tree-Ripened Red Delicious Apples
 - 2 each Premium Washington State Anjou Pears
 - 1 each Premium Golden Sweet Pineapple
 - 3 lb. New Crop Premium Florida Tree-Ripened Valencia Oranges

FEBRUARY SPECIAL #6

- Tangerine Box** **\$15.00**
- 2/5 Bushel New Crop Florida Tree-Ripened Honey Tangerines (approximately 20-21 pounds or 70-75 tangerines)

Deadline for Ordering: **Noon Friday, February 13, 2009**
 Pick-up Day: **Saturday, February 21, 2009**
 Pick-up Time: **11:30 a.m. to 1:30 p.m. ONLY**

Place and receive orders at:
1150 Wyoming Ave, Suite 800, Wyoming PA
(Look for the marked box on the wall by the entrance.)
We Accept Food Stamps (EBT), Cash, Money Orders (Made out to Mountain View)
NO PERSONAL CHECKS ACCEPTED
ALL ORDERS MUST BE PREPAID.

Angel Food Order Form
February 2009
Mountain View Church of the Nazarene

If you place an order, you must order at least one (1) of the following boxes, but you may order as many as you like.

| | | | |
|------------------------|------------------|---------|------------|
| Regular Box | Quantity _____ x | Price | Total |
| | | \$30.00 | = \$ _____ |
| Senior/Convenience Box | Quantity _____ x | Price | Total |
| | | \$28.00 | = \$ _____ |

If you ordered at least one of the above, you can order as many as you like of the boxes below.

| | | | |
|---------------------|------------------|---------|------------|
| February Special #1 | Quantity _____ x | Price | Total |
| | | \$22.00 | = \$ _____ |
| February Special #2 | Quantity _____ x | Price | Total |
| | | \$21.00 | = \$ _____ |
| February Special #3 | Quantity _____ x | Price | Total |
| | | \$21.00 | = \$ _____ |
| February Special #4 | Quantity _____ x | Price | Total |
| | | \$16.00 | = \$ _____ |
| February Special #5 | Quantity _____ x | Price | Total |
| | | \$21.00 | = \$ _____ |
| February Special #6 | Quantity _____ x | Price | Total |
| | | \$15.00 | = \$ _____ |

Grand Total \$ _____

How is Payment Given?

- _____ Cash
- _____ Money Order (made out to "Mountain View Church of the Nazarene")
- _____ Food Stamps (EBT) _____
 (please place Access card number here)

Personal Information

Name: _____

Home Address: _____

Phone Number: _____ Email: _____

Reminders:

- For the contents of each box, please see this month's menu.
- **NO PERSONAL CHECKS**
- Funds for all food stamp orders will be verified the day orders are received
- Don't forget to pick up your order, Saturday February 21, 2009, 11:30 am - 1:30 pm